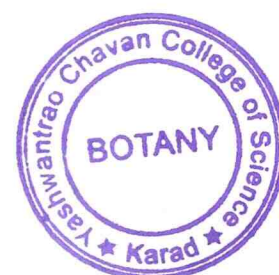


# YASHWANTRAO CHAVAN COLLEGE OF SCIENCE, KARAD

## Activity Report: 2019-20

Name of the Department	IQAC and Department of Botany
Title of the activity	Guest lecture - Dr. Sumil Chavan, Pune
Topic	Stress management
Date	23.12.2019
No. of Participant	Student: 57 and Teacher: 7
Outcome/Success achieved	How to maintain stress less, happy and Healthy climate at work place to improve efficiency of work



*[Signature]*

Program In-charge

*[Signature]*

IQAC Coordinator  
Co-ordinator,

Internal Quality Assurance Cell (IQAC),  
Yashwantrao Chavan College  
of Science, Karad

*[Signature]*

Principal  
Principal

Yashwantrao Chavan College of Science, Karad



Estd. 1958

|| Be One with the downtrodden and the underprivileged ||  
Shri Shivaji Education Society Karad, Board For Higher Education's

## YASHWANTRAO CHAVAN COLLEGE OF SCIENCE, KARAD

Vidyanagar, KARAD - 415 124 Dist. Satara ( Maharashtra)

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Reaccredited B++ Level by NAAC, Bangalore

AN ISO 9001-2015 CERTIFIED COLLEGE REG. NO. : RQ91/5237

Ref. No./5214/2019-20

Date: 23.12.2019

To,

**Hon. Dr. Sunil Chavan**

Founder and Chairman

Chavan Foundation and Research Center and

Director – Oracle Naturopathy Hospital

Sinhgad Road, Pune-41

**Sub.-** Letter of Appreciation

Sir,

We felt great pleasure to have you among us as a Resource person for one day workshop on “stress management” for students and staff.

Everyone on and off the dias appreciated your valuable thoughts, experience and motivation. Your presence was inspirational for our students and teacher. Because of this workshop students and teachers will live stress less happy life.

On this regards, we would like to thank you for your presence among us. We will be looking forward to have more of your presence in the future events.

Thanking you and kind regards.



Principal

Yashwantrao Chavan College of Science, Karad



# Attendance

Date 23/12/19

Sr. No.	Name of the student	Sign
①	Mohite Aksha Jivan	<u>Mohite</u>
①	Kalanhe Tejaswini Ashok	<u>Kalanhe</u>
②	Shinde vrushali shantak	<u>Shinde</u>
③	Pawar Vaishnavi Vishwanath	<u>Pawar</u>
④	Patil Sakshi Sanjay	<u>Patil</u>
⑤	Shinde Pratiksha Chandra Kant	<u>Shinde</u>
⑥	Chorage Swapnali Suresh	<u>Chorage</u>
⑦	Mohite Pragati Pandurang	<u>Mohite</u>
⑧	Mohite Tanuja Tukaram	<u>Mohite</u>
9]	Jadhav priyanka Ashok	<u>P.A. Jadhav</u>
10]	Kadam Anrita Dilip	<u>Adkadam</u>
11]	Ingale Akanksha Hanmant	<u>Attingale</u>
12]	Thorat Rutuja Balaso	<u>Thorat</u>
13]	Patil Sneha Anil	<u>Patil</u>
14]	Bhalekar Seati Sujit	<u>Bhalekar</u>
15]	Patel Arshiya Mohd. Gous	<u>Patel</u>
16]	Nadaf Simran Shaukat	<u>Nadaf</u>
17]	Nadaf Siddeeka Alamshaha	<u>Nadaf</u>
18]	Desai Akanksha Adhikar	<u>Desai</u>
19]	Sheelge Madhavi Sharad	<u>Sheelge</u>
20]	Pawar Nisha Dilip	<u>Pawar</u>
21]	Avaghade Manjusha Krishnat.	<u>Manjusha</u>
22]	Jarag Rohini Mahadev	<u>Rohini</u>
23]	Shingan Shreya Ramesh	<u>Shingan</u>
24]	Sutar Vaishnavi Dayanand	<u>Sutar</u>
25]	Kanase Ankita Akaram	<u>Kanase</u>
26]	Shinde Sayali Dhanaji	<u>Shinde</u>
27]	Jadhav Ashwini Laxman	<u>Jadhav</u>
	Hatte Gayatri Dhanraj	<u>Hatte</u>





28)	Bhose Jyoti Atmaram	J.A. Bhose
29)	chibade vaishnavi Baban	Chibade
30)	Patil Shweta Dinkar	<del>Patil</del>
31)	chibade Vishakha Shivaji	<del>Chibade</del>
32)	Pujari Vedantika Vishwas	<del>Pujari</del>
33)	shinde Namrata Rajaram	<del>Shinde</del>
34)	Waske Priyanka vikas	<del>Waske</del>
35)	Karande Pallavi Prakash	<del>Karande</del>
36)	Gurav Rutuja Babaso	<del>Gurav</del>
37)	Gadav Pratiksha Satish	<del>Gadav</del>
38)	Mali Kajal Hanmant	<del>Mali</del>
39)	Pawar Radhika Harishchandra	<del>Pawar</del>
40)	Hajare Kishor Dattatray	<del>Hajare</del>
41)	Ghadage Shroaddha Dipak	<del>Ghadage</del>
42)	Pawar Nageshwari vikas	<del>N.V. Pawar</del>
43)	Gharge Pratiksha Satyakumar	<del>P.S. Gharge</del>
44)	Patil Nikita Ganpat.	<del>N.Patil</del>
45)	Sagar Trupti Sunil	<del>Sagar</del>
46)	Kalebag Shruti Sahebrao	<del>Kalebag</del>
47)	Thorat Shital Anandharao	<del>Thorat</del>
48)	Thorat Priya Dhanaji	<del>Thorat</del>
49)	Ghadage Sayali Narayan	<del>Ghadage</del>
50)	Bagul Vijaya Bibichand	<del>Bagul</del>
51)	Chorage Vidya Hanmant	<del>Chorage</del>
52)	Kale Amruta Uddhav	<del>Kale</del>
53)	Kanase Anushri Babaso	<del>Kanase</del>
54)	Kale Trupti Sunil	<del>Kale</del>
55)	Mohite Shweta Shantaram	<del>Mohite</del>
56)	Sawant Minal Balaso	<del>Sawant</del>
57)	Salunkhe Shraddha Shankar	<del>Salunkhe</del>